

KETO VIE CAFÉ WHOLESOME BREAD

Wednesday, August 22, 2018



SKU 15101
 NET WEIGHT 1 LB 5 OZ (600 G)
 SERVING SIZE 1 roll (50 g)
 SERVINGS PER PACKAGE 12



ketogenic ratio



net carbs (total carbs - total fiber)

Nutrition Facts

12 servings per container

Serving Size:
1 roll (50 g)

Amount per serving
Calories 215

% Daily Value*

Total Fat 20g **26%**

Saturated Fat 6.3g **30%**

Trans Fat 0g

Cholesterol 88mg **30%**

Sodium 239mg **10%**

Total Carbohydrate 5.7g **2%**

Dietary Fiber 5.4g **20%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 5.4g

Vitamin D 0mcg 0%

Calcium 93mg 8%

Iron 0mg 0%

Potassium 121mg 2%

Phosphorus 117mg 10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

KetoVie Café Wholesome Bread is the first individually packaged ketogenic friendly bread that's not only delicious and good for you, it has as a 3.5:1 ketogenic ratio with only 0.3g net carbs (total carbs minus total fiber). KetoVie Café Wholesome Bread may be incorporated into the daily meals and snacks of individuals following the spectrum of ketogenic diets. Each package contains 12 delicious high in fat, low carb rolls.

INGREDIENTS

Eggs, macadamia nut meal, butter (cream, salt), water, flaxseed, almond meal, coconut flour, leavening (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), psyllium fiber, sweetener (erythritol, rebiana, natural flavors), guar gum, xanthan gum, fumaric acid and sorbic acid (preservatives) (contains one or more of the following hydrogenated oils: soybean oil, palm oil and cottonseed oil and mono and diglycerides), calcium propionate (preservative).

Contains milk, nuts and eggs. May contain soy.

DIRECTIONS FOR USE

Thaw to room temperature or microwave on defrost 1-2 minutes.

Consume within 3 days of receipt. For extended shelf life, freeze upon receipt for up to one year. Once thawed, consume within 3 days. Recommend freezing entire box of rolls upon receipt and taking out each individually wrapped roll as needed.