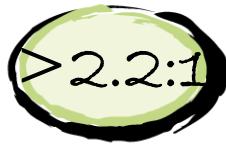


# KETO VIE CAFÉ TOMATO BASIL SOUP

Thursday, November 29, 2018



SKU 15606  
 NET WEIGHT 5.5 OZ (156 G)  
 SERVING SIZE 1.4 oz (39 g)  
 SERVINGS PER PACKAGE 4



ketogenic ratio



net carbs (total carbs - total fiber)

## Nutrition Facts

4 Servings per container

**Serving Size:**  
1.4 oz (39 g)

Amount per serving  
**Calories 233**

% Daily Value\*

**Total Fat** 21.6g **28%**

Saturated Fat 14.9g **75%**

Trans Fat 0g

**Cholesterol** 55mg **18%**

**Sodium** 130mg **6%**

**Total Carbohydrate** 10.5g **4%**

Dietary Fiber 4g **14%**

Total Sugars 5g

Includes 0g Added Sugars **0%**

**Protein** 3.4g

Vitamin D 1mcg **6%**

Calcium 116mg **8%**

Iron 1mg **6%**

Potassium 257mg **6%**

Phosphorus 94mg **8%**

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

KetoVie Café Tomato Basil Soup is a blend of cream, tomato and basil that, with the addition of cream and butter, is a quick-to-prepare tasty meal addition for individuals following the spectrum of ketogenic diets (2.2:1 ketogenic ratio dry and 3.2:1 ketogenic ratio when prepared following the directions). Or when you are on the go, grab a soup packet and just add water for a convenient meal. Contains 4 individual packets per box.

### INGREDIENTS

Creamer (pasteurized sweet cream, skim milk solids, sodium caseinate, soy lecithin), medium chain triglycerides, gum arabic, tomato powder, konjac glucomannan, basil, onion powder, garlic powder.

Contains milk and soy.

### DIRECTIONS FOR USE

To make one serving of soup:

In a saucepan, mix 1 packet of soup with 1½ cups water (or chicken broth - may change ratio), 2 tsp (10g) heavy whipping cream and 2 tsp (10g) butter. Bring to a boil, whisk very well and remove from heat. Cover with lid and let sit for 5-7 minutes. Prepared ratio: 3.2:1

Store in a cool, dry place.