

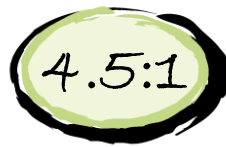
product information

KETOVIE CAFÉ BROCCOLI SOUFFLÉ

Thursday, October 04, 2018



SKU 15602
 NET WEIGHT 15 OZ (420 G)
 SERVING SIZE 1 souffle (70 g)
 SERVINGS PER PACKAGE 6



ketogenic ratio



net carbs (total carbs - total fiber)

Nutrition Facts

6 servings per container

Serving Size:
1 souffle (70 g)

Amount per serving
Calories 343

% Daily Value*

Total Fat 34g 44%

Saturated Fat 7.6g 40%

Trans Fat 0g

Cholesterol 131m 42%

Sodium 265mg 11%

Total Carbohydrate 3.8g 1%

Dietary Fiber 2.1g 7%

Total Sugars 1.4g

Includes 0.3g Added Sugars 0%

Protein 5.8g

Vitamin D 1mcg 6%

Calcium 34mg 2%

Iron 1mg 6%

Potassium 102mg 2%

Phosphorus 78mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

KetoVie Café Broccoli Soufflé is made with wholesome broccoli and eggs. It has a 4.5:1 ketogenic ratio with only 1.7 g net carbs (total carbs minus total fiber). Use KetoVie Café Broccoli Soufflé as a main dish for a delicious meal. Each tray contains six delicious servings.

INGREDIENTS

Mayonnaise (soybean oil, egg yolks and whole eggs, water, distilled vinegar, salt, sugar, lemon juice concentrate, natural flavors), eggs, broccoli, butter (cream, salt). Contains eggs, milk and soy.

DIRECTIONS FOR USE

Remove soufflé from foil tin. Microwave on medium power until thawed, then microwave for 1 minute or until desired temperature. Do not microwave foil tin.

Keep frozen until use.