## KETOVIE CAFÉ RASPBERRY MUFFINS

Wednesday, December 28, 2022



SKU 15901 NET WEIG 12.7 OZ (360 G) SERVING SI 1 muffin (63 g) SERVINGS PER PAC 6







ketogenic ratio

net carbs (total carbs - total fiber)

## **Nutrition Facts**

6 Servings per container

Serving Size: 1 muffin (63 g)

Amount per serving  Calories	181
	% Daily Value
Total Fat 17.6g	23%

Total Fat 17.6g	23%
Saturated Fat 8g	40%
Trans Fat 0.1g	
Cholesterol 39mg	13%
Sodium 195.6mg	9%
Total Carbohydrate 12.6g	5%
Dietary Fiber 9.9g	35%
Total Sugars 0.9g	
Includes0.3g Added Suga	rs <b>0</b> %

Protein 2.1g	
Vitamin D 0mcg	0%
Calcium 23.1mg	2%
Iron 0.9mg	5%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice. KetoVie Café Raspberry Muffins have a 3.5:1 ketogenic ratio with only 2.7 g net carbs (total carbs minus total fiber). Enjoy KetoVie Café Raspberry Muffins for breakfast or at snack time. Each tray contains six delicious muffins.

## **INGREDIENTS**

Red raspberries, powdered cellulose, heavy cream, milk, organic palm oil, water, whole eggs, citric acid, cream, salt, almonds, raw macadamia nuts, cellulose gum, sucralose, sodium benzoate, caramel color, natural and artificial flavor, contains less than 2% of psyllium, cream of tartar, silicon dioxide, sodium bicarbonate, mixed tocopherol FCC oil, modified food starch, sodium ascorbate, ascorbyl palmitate, mono and diglycerides, polysorbate 80, carrageenan.

Contains Egg, Milk, Tree Nuts.

## **DIRECTIONS FOR USE**

Remove muffin from foil tin and wrap in a lightly moistened paper towel. Microwave on medium heat until thawed or to desired warmth. Or, thaw overnight in refrigerator.

Keep frozen until use. Once thawed, use within three days.

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