

KETOVIE CAFÉ WHOLESOME BREAD

Wednesday, December 21, 2022



SKU 15101
 NET WEIG 1 LB 5 OZ (600 G)
 SERVING SI 1 roll (50 g)
 SERVINGS PER PAC 12



ketogenic ratio



net carbs (total carbs - total fiber)

Nutrition Facts

12 Servings per container

Serving Size:
1 roll (50 g)

Amount per serving
Calories 189

% Daily Value*

Total Fat 17.4g 22%

Saturated Fat 5.3g 27%

Trans Fat 0.2g

Cholesterol 77mg 26%

Sodium 249.6mg 11%

Total Carbohydrate 5.7g 2%

Dietary Fiber 3g 11%

Total Sugars 1.5g

Includes 0.3g Added Sugars 1%

Protein 4.4g

Vitamin D 0mcg 0%

Calcium 69.5mg 5%

Iron 1.3mg 7%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

KetoVie Café Wholesome Bread is the first individually packaged ketogenic friendly bread that's not only delicious and good for you, it has as a 2:1 ketogenic ratio with only 2.7g net carbs (total carbs minus total fiber). KetoVie Café Wholesome Bread may be incorporated into the daily meals and snacks of individuals following the spectrum of ketogenic diets. Each package contains 12 delicious high in fat, low carb rolls.

INGREDIENTS

Whole eggs, citric acid, raw macadamia nuts, butter, water, whole golden flax seed, almonds, organic desiccated coconut, sodium acid pyrophosphate, sodium bicarbonate, corn starch, monocalcium phosphate, contains less than 2% of psyllium, erythritol, sugar, stevia leaf extract, cellulose gum, guar gum, xanthan gum, calcium propionate, sorbic acid, fumaric acid.

Contains egg, milk, and tree nuts.

DIRECTIONS FOR USE

Thaw to room temperature or microwave on defrost 1-2 minutes.

Consume within 3 days of receipt. For extended shelf life, freeze upon receipt for up to one year. Once thawed, consume within 3 days. Recommend freezing entire box of rolls upon receipt and taking out each individually wrapped roll as needed.

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