

KETO VIE CAFÉ SAVORY STUFFING

Monday, June 11, 2018



SKU 15601
 NET WEIGHT 8.5 OZ (240 G)
 SERVING SIZE 1/2 cup (80 g)
 SERVINGS PER PACKAGE 3



ketogenic ratio



net carbs (total carbs - total fiber)

Nutrition Facts

3 servings per container

Serving Size:
1/2 cup (80 g)

Amount per serving
Calories 190

% Daily Value*

Total Fat 17g 22%

Saturated Fat 7g 35%

Trans Fat 0g

Cholesterol 65mg 22%

Sodium 390mg 17%

Total Carbohydrate 5.8g 2%

Dietary Fiber 3.6g 11%

Total Sugars 1.5g

Includes 0.3g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 79mg 6%

Iron 1mg 6%

Potassium 102mg 2%

Phosphorus 70mg 6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

KetoVie Café Savory Stuffing is made with crumbled Wholesome Bread seasoned with herbs and spices. It has a 3:1 ketogenic ratio with only 2.2g net carbs (total carbs minus total fiber). Use KetoVie Café Savory Stuffing as a side dish or a base for a delicious meal. Each tray contains three delicious servings.

INGREDIENTS

Bread (eggs, macadamia nut meal, butter [cream, salt], water, flaxseed, almond meal, coconut flour, leavening [sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate], psyllium fiber, sweetener [erythritol, rebiana, natural flavors], guar gum, xanthan gum, fumaric acid and sorbic acid [preservatives] [contains one or more of the following hydrogenated oils: soybean oil, palm oil, cottonseed oil and mono and diglycerides], calcium propionate [preservative]), water, onion, butter (cream, salt), celery, chicken broth (salt, dextrose, monosodium glutamate, yeast extract, canola oil, dehydrated parsley, maltodextrin, extracts of turmeric and paprika, natural flavors, [including extractives of celery stalk, leaf and seed], sugar, soy sauce [soybeans, wheat, salt]), parsley, poultry seasoning (thyme, sage, marjoram, rosemary, black pepper, nutmeg).

Contains eggs, milk, nuts, wheat and soy.

DIRECTIONS FOR USE

Keep frozen until use.

Microwave: Peel film seal back partially to allow for proper venting. Microwave on high 2 to 3 minutes, stir and cook for an additional 2 minutes (oven times may vary). Carefully open cover and serve. Stovetop: Empty contents of tray into sauce pan and gently stir until heated through.