

KETO VIE CAFÉ CINNAMON DONUT DELIGHTS

April 07, 2016



SKU 15301

NET WEIGHT 12 OZ (336 G)

SERVING SIZE 2 donuts (56 g)

SERVINGS PER PACKAGE 6



ketogenic ratio

KetoVie Café Cinnamon Donut Delights have a 3:1 ketogenic ratio with only 4.2g net carbs (total carbs minus total fiber). Cinnamon Donut Delights may be incorporated into the daily meals and snacks of individuals following the spectrum of ketogenic diets. Each package contains 12 delicious high in fat, low carb cinnamon donuts.



net carbs
(total carbs - total fiber)

Nutrition Facts

Serving Size 2 donuts (56 g)

Amount Per Serving

Calories 284 Calories From Fat 234

	% Daily Value*
Total Fat 26g	40%
Saturated Fat 10g	50%
Trans Fat 0.3g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 10.9g	
Cholesterol 57mg	18%
Sodium 348mg	15%
Potassium 230mg	7%
Total Carbohydrate 8.6g	3%
Dietary Fiber 4.4g	16%
Sugars 2.6g	
Protein 3.9g	
Vitamin A 4%	Vitamin C 0%
Calcium 4%	Iron 6%
Phosphorus 8%	

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Vitamin A 4% Vitamin C 0%

Calcium 4% Iron 6%

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* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

DIRECTIONS FOR USE

Consume within 3 days of receipt. For extended shelf life, freeze upon receipt for up to one year. Once thawed, consume within 3 days.

Thaw to room temperature or microwave on defrost about 30 seconds.

INGREDIENTS

Cream cheese (pasteurized milk and cream, cheese culture, salt, stabilizers [carob bean and/or xanthan and/or guar gums]), palm fruit shortening, eggs, coconut flour, sweetener (erythritol, sugar, stevia leaf extract), water, canola oil, baking powder (sodium bicarbonate, corn starch, sodium aluminum sulfate, calcium sulfate, monocalcium phosphate), baking soda (sodium bicarbonate), cinnamon, xanthan gum.

Contains milk, tree nuts and eggs.

